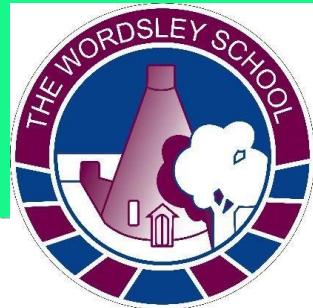




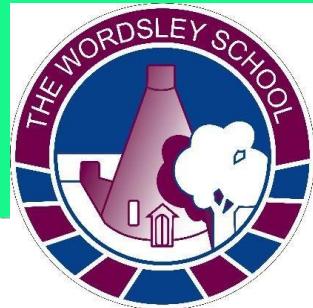
**YOUTH
WITHOUT
LIMITS**



DUKE OF EDINBURGH BRONZE 2026



**YOUTH
WITHOUT
LIMITS**



What is the DofE

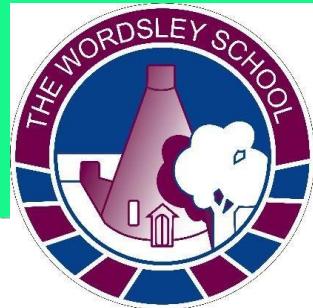
A life -changing experience. A fun time with friends. An opportunity to discover new interests and talents. A tool to develop essential skills for life and work.

A recognised mark of achievement; respected by colleges, universities and employers.

14-24 year -olds can do a DofE programme at one of three progressive levels which, when successfully completed, leads to a Bronze, Silver or Gold Duke of Edinburgh's Award.



**YOUTH
WITHOUT
LIMITS**



Why do the DofE

Achieving an Award will give you skills, apply for college, university or a job.

confidence and **an edge** over others when you

Colleges and universities want to see evidence of so called 'soft skills' that you have developed through extra -curricular activities, such as **communication, commitment, leadership and teamwork**. Your DofE Award is a fantastic way to demonstrate and evidence these skills in practice.

You'll also make a difference to other people's lives and your community, be fitter and healthier, make new friends and have memories to last you a lifetime.

Our participants also tell us that doing their DofE gives them character traits like **confidence and resilience**, that can boost their mental health and wellbeing and help them face and overcome personal challenges.

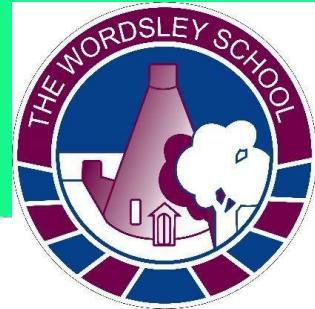


**YOUTH
WITHOUT
LIMITS**

DofE Leader

Mrs Greene
D&T Teacher
DofE Manager

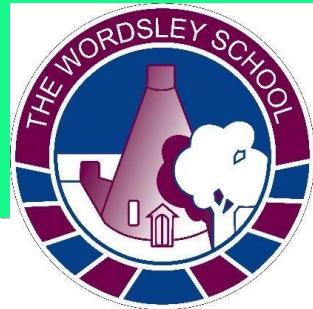
In school on a Monday and Friday
and contactable via email or through
class charts any other time





YOUTH
WITHOUT
LIMITS

What will I be expected to do?



Volunteering

Volunteering is simple. It's about choosing to give time to help people, the community or society, the environment or animals.

Physical

For your physical activity you need to choose any sport, dance or fitness activity – in short, anything that requires a sustained level of energy and physical activity.

Skills

For your skills activity you need to choose an activity that will allow you to prove you have broadened your understanding and increased your expertise in your chosen skill.

Learning to be a coach/tutor of a skill would count as a Skills section activity, whilst being a volunteer coach/tutor counts for the Volunteering section.



YOUTH
WITHOUT
LIMITS

Choosing your activity

If you do not have any ideas for your activities, check out the list of programme ideas



Programme ideas: Skills section

When completing each section of your DofE, you should develop a programme which is specific and relevant to you. This sheet gives you a list of programme ideas that you could do or you could use it as a starting point to create a Skills programme of your own.

You can find more information at DofE.org/skills and there is a range of exciting opportunities to help you complete this section at DofE.org/finder.

It's your choice...

Developing a skill helps you get better at something you are really interested in and gives you the confidence and ability to use this skill both now and later in life.

Help with planning

You can use the programme planner on the website to work with your Leader to plan and agree your activity before you start.

Performance arts

- Ballet appreciation
- Ceremonial drill
- Circus skills
- Conjuring & magic
- Majorettes
- Puppetry
- Singing
- Speech & drama
- Theatre appreciation
- Ventriloquism
- Yoyo extreme

Science & technology

- Aerodynamics
- Anatomy
- App design
- Astronomy
- Biology

- Physics
- Rocket making
- Taxonomy
- Weather/meteorology
- Website design
- Zoology

Care of animals

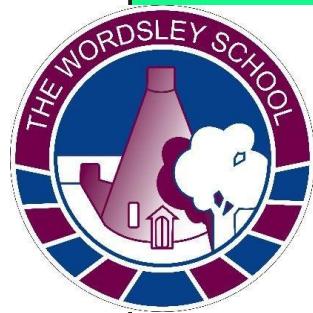
- Agriculture (keeping livestock)
- Aquarium keeping
- Beekeeping
- Caring for reptiles
- Dog training & handling
- Horse/donkey/llama/alpaca handling & care
- Looking after birds (i.e. budgies & canaries)
- Pet care – health/training/ maintenance

- Music appreciation
- Playing a musical instrument
- Playing in a band
- Reading & notating music
- Understanding music in relation to history & culture

Natural world

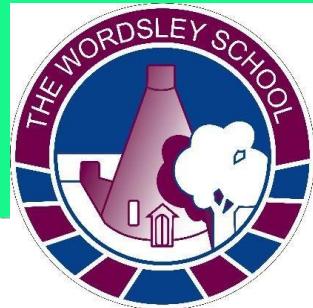
- Agriculture
- Conservation
- Forestry
- Gardening
- Groundsmanship
- Growing carnivorous plants
- Plant growing
- Snail farming
- Vegetable growing

Games & recreation





**YOUTH
WITHOUT
LIMITS**



How Long Will It Take To Complete The Bronze Award

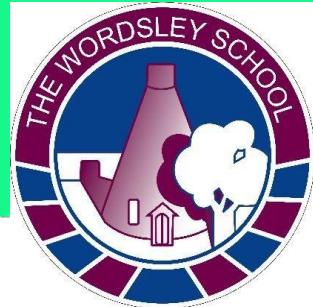
It will usually take you at least **6 months** to complete your Bronze programme.

- Volunteering section: 3 months **(+3 months)**
- Physical section: 3 months **(+3 months)**
- Skills section: 3 months **(+3 months)**
- Expedition section: 2 days/1 night plus 4 compulsory training sessions

You also have to spend an **extra three months** on one of the **Volunteering**, **Physical** or **Skills** sections. It's your choice which one and, though you can change your mind later, you should decide which section you want to do for longer at the beginning.



**YOUTH
WITHOUT
LIMITS**



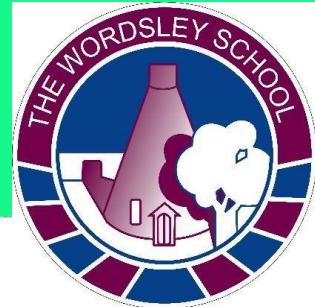
Expedition

You will need to **plan** , **train** for and **complete** an unaccompanied, self - reliant expedition with an agreed aim.

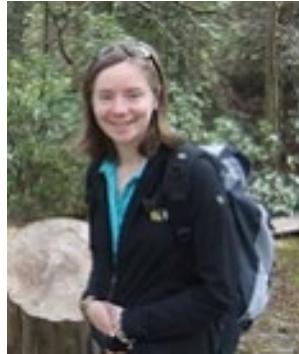
You must train and complete an expedition (the one that is assessed) and a presentation to complete the section.



**YOUTH
WITHOUT
LIMITS**



DofE Leaders - Expedition



Natasha Mark
Gecko Experience
Expedition & Training

NATASHA MARK

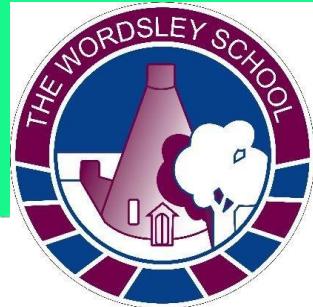
OUTDOOR FACILITATOR

QUALIFICATIONS

- BA(Hons) in Outdoor Adventure Education
- Basic Expedition Leader
- Walking Group Leader
- Mountain Leader
- DofE Assessor
- First Aid Qualified
- MIAS L2 - Mountain Biking
- Archery GB Instructor



**YOUTH
WITHOUT
LIMITS**



TRAINING DATES AND ACTIVITIES

1st DECEMBER

26th JANUARY

23rd MARCH

Navigation - map reading, understanding routes

First aid - what to do in an emergency, basic first aid, what could happen

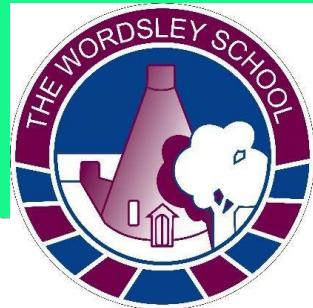
Cooking - what to bring, what equipment you will be using, how you will fuel your expedition

Tents - How to put the tents up

THERE IS AN EXTRA SESSION FOR CATCH UP ON 1ST MARCH



**YOUTH
WITHOUT
LIMITS**

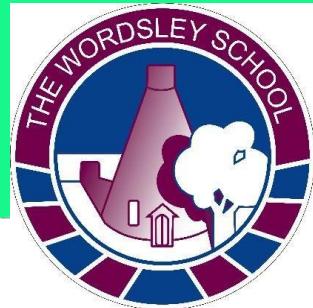


What Will I Need For The Expedition?

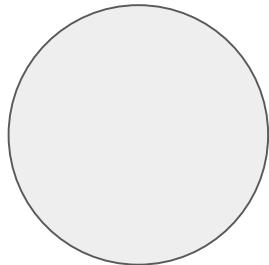
- The cost includes training, basic kit (tent, bag, stove) and campsite fee.
- Each pupil will be required to purchase boots, sleeping bag and clothing.
- Clothing - Waterproof coat & trousers (maybe thermals)
- A torch and matches
- Food suitable for a portable stove.



**YOUTH
WITHOUT
LIMITS**



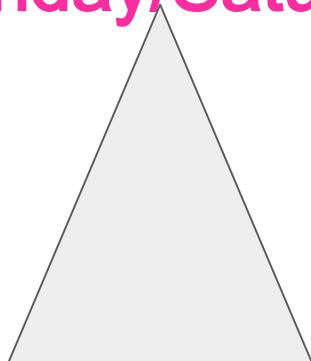
The Expedition - Friday/Saturday



6 hours

Drop-off

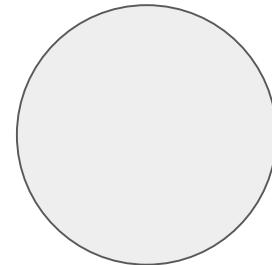
Friday 11th
July (school)



Camp
Bewdley



6 hours



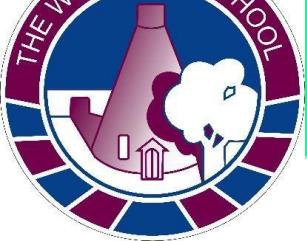
Pick-up

Saturday 12th
July (parent)



WITHOUT
LIMITS

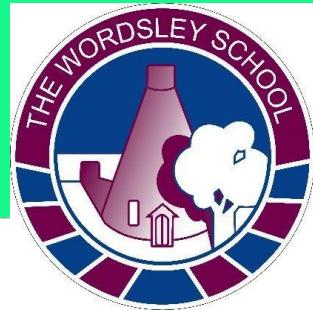
HOW LONG WILL THE AWARD TAKE?



Feb	March	April	May	June	July	August
Football Training (1hr/week) - Physical						
Developing vocal ability and attending choir (1hr/week) - Skill						
		Joining Best Kept Village group (1hr/week) - volunteering				
					EXPEDITION 11th - 12th July	



**YOUTH
WITHOUT
LIMITS**



Recording your activities using eDofE

This is an online platform

Pupils will get an account with them. This is where all of their sections will be logged

There is an App.

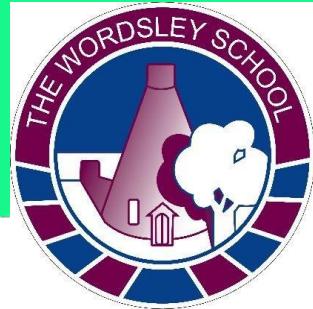
Photographs can be uploaded straight away

Myself and the verifier (Mr Mason) has access to it.

I am currently awaiting funding and so have not signed pupils up at the moment



**YOUTH
WITHOUT
LIMITS**



Completing the award

YOU MUST PROVIDE:
LOG OR WEEKLY ACTIVITIES
ASSESSORS REPORT

These get uploaded to your eDofE account, checked by me and then passed forward to our verifier, Mr Mason (music)

ACTIVITY LOG

- Log weekly activities on this sheet
- It will help to prove what you have done
- It will also help you to keep track on how many weeks that you have completed.

- Keep it simple;

I did a 15 minute warm up, laps of the field, 10 burpees, 15 press ups. Went through passing skills for 20 minutes. Played a 20 minute football game 1-0 to my side. 10 minute cool down stretches

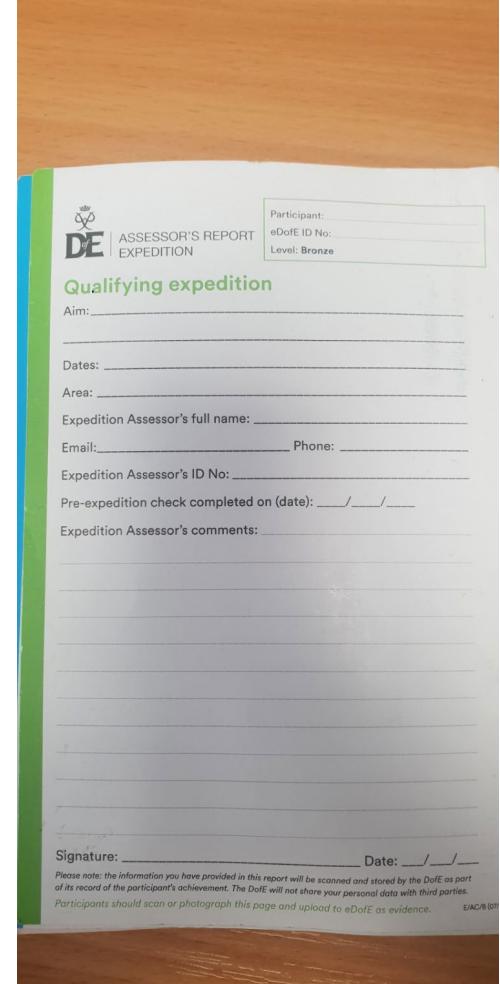
ASSESSOR'S REPORT

This will be completed and uploaded to

Your account as soon as you have completed the required amount of time. You must make sure that all aspects including the date are completed

This is your passport to the award

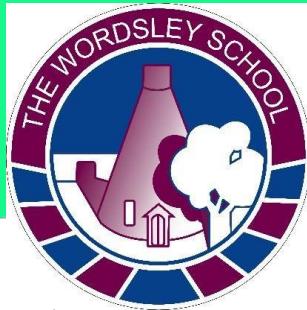
Certificates of achievement can be presented for each aspect that you have completed





**YOUTH
WITHOUT
LIMITS**

WHAT DO I DO NEXT?



Bronze Award Programme Planner

Volunteering, Physical and Skills Section

Name: _____

	Volunteering	Physical	Skills
Timescale (in months) One has to be 6 months, the other two 3 months.			
Activity chosen			
Start date			
Where will you do it? e.g. School netball club			
What are your goals? e.g. improve my defence			
Assessor's full name			
Assessor's position			
Assessor's contact details e.g. email/phone number			

An assessor checks on your progress and agrees the completion of a section of your programme. They will produce or sign off the relevant Assessor's report for that section, which is uploaded into eDofE. **An Assessor must be independent: therefore they cannot be a member of your family.**

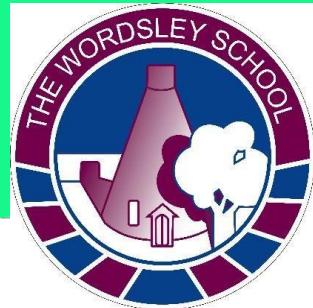
We will begin to set up accounts the week beginning 2nd February.

Pupils will need to have complete the information on the sheet I gave them last week - similar to this

This will make it much easier for them to complete the set up



**YOUTH
WITHOUT
LIMITS**



Duke of Edinburgh drop in sessions

Every Monday after school in T4

Help with eDofE

Submitting evidence

Giving advice



**YOUTH
WITHOUT
LIMITS**

Useful Websites

www.dofe.org

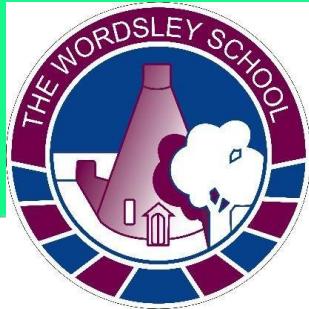
www.geckoexperience.com

The collage includes the DofE 'Youth Without Limits' logo (black square with crown and 'DofE'), the Wordsley School logo (a circular emblem with a purple border, a red building, and a white tree), and a screenshot of the DofE website homepage. The homepage features a green header with the DofE logo, a purple sidebar with 'DofE' and 'Support DofE', and a main content area with a photo of a diverse group of young people. The text reads: 'Celebrating HRH The Duke of Edinburgh's life-changing legacy'. Below the text is a 'READ MORE' button and a 'DofE' logo. The footer of the page includes links for 'Home', 'About Us', 'What We Offer', and 'Contact Us'.

The screenshot shows the Gecko Experience website. The header is dark green with the 'GECKO EXPERIENCE' logo (a yellow gecko on a green background) and a 'live for the moment' tagline. The navigation menu includes 'Home', 'About Us', 'What We Offer', and 'Contact Us'. The main content area features a large image of a lake and mountains, with text: 'Enjoy the Outdoors This Summer' and 'What we Offer'. The footer is dark green with 'Contact Us:' (phone 07837 47096, email info@geckoexperience.com, location West Midlands), 'Socialise With Us:' (Facebook icon), and a 'Created with Wix.com' link.



YOUTH
WITHOUT
LIMITS



Do You Have Any
Questions?